



Center for Grieving Children Southern Maine Conference

Bereavement Following Suicide or Overdose Death

When: Friday, March 22, 2019, 8:00 AM - Noon

Where: Kittery Community Center

Cost: No fee

This half-day conference will address the process of bereavement and strategies in supporting individuals, children, families, and communities following suicide or overdose death.

Keynote Speaker:

Bereavement after a Death by Suicide or Overdose: How to Help Families Dr. Pamela Gabbay

- Dr. Pamela Gabbay is a co-founder of The Satori Group, a national education and consulting company that provides training and consultation to the bereavement field. Dr. Gabbay is an adjunct faculty member at Brandman University and is a member of the national training corps for the American Foundation for Suicide Prevention (AFSP). She is the co-author, along with Andy McNiel, of *Understanding and Supporting Bereaved Children: A Practical Guide for Professionals*. Formerly, Dr. Gabbay was the director of the Mourning Star Center for Grieving Children. She created and served as the camp director for Camp Erin, Palm Springs, a bereavement camp for children. She served two terms on the board of directors of the National Alliance for Grieving Children and served as the president of the Southern California Chapter of the Association for Death Education and Counseling. Dr. Gabbay holds a Fellow in Thanatology (FT) from the Association for Death Education and Counseling and earned a Master of Arts degree in Cognitive Psychology from Claremont Graduate University. Additionally, she earned a Doctor of Education degree in Organizational Leadership from Brandman University.

Learning Sessions (Attendees choose two sessions)

- A. The scope of impact of suicide/overdose loss in on our communities:** Panel perspective: Bob MacKenzie, Kennebunk Police Chief; Lynne Hatch, Drug and Alcohol Counselor York High School; John Black, Funeral Director, Carll-Heald & Black Funeral Homes

- B. Self-care for the caretakers:** Ryan Quinn, Principal, Kennebunk Elementary School

- C. Using art activities and other interventions to foster posttraumatic growth in bereaved children and adolescents:** Dr. Pamela Gabbay

- D. Supporting Individuals, Children, and Families after Suicide or Overdose Loss:** Rebecca Diggings, LCSW

- E. Intercultural perspective of suicide and substance use issues and bereavement:** Deqa Dhalac, MSW

Agenda

- 8:00-8:20 Registration
- 8:20-8:30 Welcome
- 8:30-9:15 Keynote
- 9:30-10:30 Learning Session # 1
- 10:30-11:00 Break/Networking
- 11:00-noon Learning Session #2